






## Speech and Language Ideas for October 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Find items that are opposites (e.g., big/little; tall/short; smooth/rough; hard/soft).</p>	<p>2</p> 	<p>3</p>	<p>4</p>	<p>5 Follow a recipe and bake some cookies. Use words like <i>stirring</i>, <i>bowl</i>, <i>mixing</i>, <i>baking</i>.</p>
<p>6</p>	<p>7 See how many action words you and your child can act out (e.g., <i>jump</i>, <i>run</i>, <i>hop</i>).</p>	<p>8</p>	<p>9</p>	<p>10 Make a scrapbook. Add a picture each week. Describe the shape and size of the item.</p>	<p>11 Plan and enjoy a picnic in the park. Talk about the food you are eating.</p>	<p>12</p>
<p>13 Have your child help you put away the grocery items. Talk about where each item goes (e.g., The fruit goes in the <u>top</u> bin of the <u>fridge</u>).</p>	<p>14</p> 	<p>15 Visit a pet store. Talk about how the animals look. Use describing words such as <i>big</i>, <i>black</i>, <i>tall</i>.</p>	<p>16</p>	<p>17</p>	<p>18 Go for a walk in the community and find 4 things that are red, 3 things that are blue, 2 things that are yellow, 1 thing that is green.</p>	<p>19</p>
<p>20 Play the memory game "Giraffe's Matching Zoo for iPad" by Tomato Interactive LLC.</p>	<p>21</p>	<p>22 Collect some leaves and sort them into different size piles (e.g., big/ medium/ small).</p>	<p>23</p>	<p>24 Read books that focus on adjectives (e.g., <i>White Rabbit's Colour Book</i> by A. Baker; <i>It is Rough? Is it Smooth? Is it Shiny?</i> By T. Hoban).</p>	<p>25</p>	<p>26 Make a fruit salad. Talk about the shape and colour of the fruit. Talk about the parts of the fruit (e.g., <i>seed</i>, <i>peel</i>, <i>core</i>, <i>juice</i>, <i>pit</i>).</p>
<p>27</p> 	<p>28 Categorize pictures from flyers and magazines (e.g., fruits and vegetables).</p>	<p>29</p> 	<p>30 Sing and act out the actions to the song "Head and Shoulders Knees and Toes".</p>	<p>31 If you have any concerns about how well your child is speaking and listening in either English or in the home language, contact the Toronto Preschool Speech and Language Services (TPSLS) at 416-338-8255 for free services by a speech-language pathologist. Parents can self-refer their JK child until November 18, 2013.</p>		